

INANNA INITIATIVE

Menstrual hygiene, one of the most important aspects of a woman's health, remains a taboo in many parts of India to this day. This concern is particularly pronounced in Indian public schools, where girls lack access to essential information about menstruation as well as the necessary resources to manage it safely and effectively. To address this issue, it is crucial to raise awareness and provide sanitary products to these public schools. To meet this goal, I founded Inanna Initiative!

Inanna Initiative considers several ways to enhance menstrual hygiene in these public schools. Firstly, we aim to provide girls with little to no knowledge about menstruation with accurate information. This will prepare these girls for their bodily changes even before they experience them. Secondly, our goal at Inanna Initiative is to ensure that each girl has easy access to menstrual products they cannot afford themselves.

We are attempting to achieve these goals by installing sanitary napkin dispensers and incinerators in the lavatories of these schools. Till now Inanna Initiative has reached out to 30 Rural schools of Ahmedabad city, India. Along with this we have also managed to install 60 machines in these schools and impacted over 3000 teenage girls. To realize the aspiration of installing these numerous machines, we successfully garnered 5 lakhs through a heartfelt crowdfunding campaign via 'Ketto', in addition to securing a generous contribution of 3 lakhs through Corporate Social Responsibility (CSR) initiatives.

In our enlightening Inanna Health Seminars, conducted by me, we delve into the intricacies of menstruation. We explore the fascinating journey of why and how menstruation occurs, emphasizing on the vital role of nutrition during this transformative phase. Additionally, we highlight the profound significance of incorporating exercise into one's routine during menstruation. As the seminar draws to a close, we enhance comprehension with the aid of an engaging animated Gujarati video, offering a vivid and easily graspable portrayal of the essence of menstruation.

The primary mission of Inanna Initiative is to envision a world where menstrual hygiene products are not merely a privilege but a fundamental right. Through endeavor, we aspire to imbue teenage girls with the strength and knowledge to navigate their menstrual cycles with unwavering confidence and safety. Inanna Initiative promotes girls to champion the cause of menstrual hygiene and contribute to the creation of a healthier world for every soul!

